

Wild Salads Seasonality



| Product | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec |
|---------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Bittercress | | | ■ | ■ | ■ | ■ | | | | | | |
| Comfrey | | | ■ | ■ | ■ | ■ | | | | | | |
| Fireweed | | | | | ■ | ■ | | | | | | |
| Forager's salad | | | | ■ | ■ | ■ | ■ | ■ | | | | |
| Garlic mustard | | | ■ | ■ | ■ | ■ | | | | | | |
| Ground elder | | | ■ | ■ | ■ | | | | | | | |
| Lady's smock | | | | ■ | ■ | ■ | ■ | | | | | |
| Lesser celadine | | | ■ | ■ | ■ | | | | | | | |
| Pea flowers | | | | | | | ■ | ■ | | | | |
| Pea shoots | | | | | | ■ | ■ | ■ | | | | |
| Pennywort | | | ■ | ■ | ■ | ■ | ■ | | | | | |
| Radish pods | | | | | | | ■ | ■ | ■ | ■ | | |
| Red clover flowers | | | | | | ■ | ■ | ■ | | | | |
| Watercress | | | | | ■ | ■ | ■ | | | | | |
| Wild garlic | | | ■ | ■ | ■ | | | | | | | |
| Wild garlic baubles | | | | | ■ | ■ | ■ | | | | | |
| Wild garlic flowers | | | | ■ | ■ | | | | | | | |
| Wild leek baubles | | | | ■ | ■ | ■ | | | | | | |
| Wild leeks | | | ■ | ■ | ■ | | | | | | | |
| Wood sorrel | | | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | | |

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